

BlueCross BlueShield of Oklahoma

Patient Name:	Primary Care Physician:
DOB:	Care Manager:
Age:	Care Team:

Chronic Conditions

Diabetes	Current A1c
Hypertension	Current B/P
BMI <19 or >30	Current BMI
COPD/Asthma	
CAD/CHF	
Depression	
Other:	

Risk Stratification Score:_____

Prescription Medications – Use additional page if needed

Name	Dose	Route	When Taken	Why Taken	Additional Information

Other Concerns	Allergies	
	Item/Medication	Additional Information

A Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

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Current Self-Management

Diet:	Physical Activity:
Checking: B/P, Glucose Frequency?	What type of Device/s Used:

Health Screening and Maintenance

Flu Shot		Received:	
Pneumococcal Vaccination		Received:	
Zoster Vaccination		Received:	
 ☐ Stool for OB		Completed:	
Colon/signoid-oscopy		Completed:	
 Dexa Scan (woman)		Completed:	
— Mammogram (woman)		Completed:	
Cervical Cancer Screening		Completed:	
□ PSA (men)		Completed:	
Smoking Cessation Program	(Note if not applicable)	Completed:	
Nutrition Evalution (Note if no		Completed:	
— Weight Management (Note i	f not applicable)	Completed:	
	bice Referral (Note if not applicable)	Completed:	
Completed:			
Podiatry Exam (Note if not ap	oplicable)	Completed:	
Eye Exam		Completed:	
BMI		Completed:	
Falls/Safety Prevention		Completed:	
PHQ2		Completed:	
		Completed:	
		Completed:	
 ∏ Polst		Completed:	
Advanced Directive	Completed:	On File:	

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Psychosocial needs:

Barriers to care: (transportation, finances, lack of family or social support)	
Caregivers involved:	
Home health:	
Single level vs. Multilevel home, How many stairs if any to get in and out of your house:	
ADLS: (is patient able to dress, bath, make meals, get out of bed.)	
abes. (is patient able to dress, bath, make meals, get out of bed.)	
Does patient administers their own meds, fill pill boxes:	
Continuante (Llag of walker cano, Owegan, chaver chair begnital had)	
Equipment: (Use of walker, cane, Oxygen, shower chair, hospital bed.)	
femplieshle is at estively undergoing Change or Dediction? Intervale of treatment?	
f applicable is pt. actively undergoing Chemo or Radiation? Intervals of treatment?	

Recent Hospitalizations or ER/Urgent Care Visits

Other Providers/Chiropractors/Specialist Seen

Patient Name:	Primary Care Physician:
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Other Medical Changes

Action Plan and Shared Decision Making:			
Treatment Plan	Goals	Notes	

In Agreement With Action Plan and Shared Decision Making

Patient/Caregiver	Date:
Care Manager	Date:
PCP	Date: