




**⚠ The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit <http://www.bcbsok.com/policy-forms/2018/OK0320079-01.pdf> or by calling 1-866-520-2507. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at <https://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/UG-Glossary-508-MM.pdf> or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall deductible?</b>	Network: \$7,350 Individual/\$14,700 Family. Out-of-Network: \$22,050 Individual/\$44,100 Family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
<b>Are there services covered before you meet your deductible?</b>	Yes. <u>Deductibles</u> don't apply to in-network <u>preventive care</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other deductibles for specific services?</b>	No.	You don't have to meet <u>deductibles</u> for specific services.
<b>What is the out-of-pocket limit for this plan?</b>	Network: \$7,350 Individual/\$14,700 Family. Out-of-Network: Unlimited Individual/Unlimited Family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
<b>What is not included in the out-of-pocket limit?</b>	<u>Premiums</u> , <u>balance-billed</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
<b>Will you pay less if you use a network provider?</b>	For a list of <u>network providers</u> please call <b>1-866-520-2507</b> or see <b>www.bcbsok.com</b> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
<b>Do you need a referral to see a specialist?</b>	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	\$20/visit or No Charge	30% <u>coinsurance</u>	First three <u>network</u> office visits are at \$20 <u>copay</u> ; <u>deductible</u> and <u>coinsurance</u> apply for subsequent visits. Virtual visits may be available. *Please refer to your policy for more details.
	<u>Specialist</u> visit	No Charge	30% <u>coinsurance</u>	No <u>referral</u> Required.
	<u>Preventive care/screening/immunization</u>	No Charge; <u>deductible</u> does not apply	30% <u>coinsurance</u>	Annual mammography screening and childhood immunizations are covered at 100% of the allowable amount Out-of-Network. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. *Then check what your plan will pay for.
<b>If you have a test</b>	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	30% <u>coinsurance</u>	None.
	Imaging (CT/PET scans, MRIs)	No Charge	30% <u>coinsurance</u>	<u>Preauthorization</u> is required for some services. *See benefit booklet for more details.
<b>If you need drugs to treat your illness or condition</b>  More information about <b>prescription drug coverage</b> is available at <a href="https://www.myprime.com/content/dam/prime/memberportal/forms/AuthorForms/HIM/2018/OK_6T_EX.pdf">https://www.myprime.com/content/dam/prime/memberportal/forms/AuthorForms/HIM/2018/OK_6T_EX.pdf</a>	Preferred generic drugs	No Charge	No Charge	Limited to a 30-day supply at retail (or a 90-day supply at a network of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> limited to a 30-day supply. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. All Out-of-Network prescriptions are subject to a 50% additional charge after the applicable copay/coinsurance. Additional charge will not apply to any deductible or out-of-pocket amounts.
	Non-preferred generic drugs	No Charge	No Charge	
	Preferred brand drugs	No Charge	No Charge	
	Non-preferred brand drugs	No Charge	No Charge	
	Preferred <u>specialty drugs</u>	No Charge	No Charge	
	Non-Preferred <u>specialty drugs</u>	No Charge	No Charge	

\*For more information about limitations and exceptions, see the plan or policy document at <http://www.bcbsok.com/policy-forms/2018/OK0320079-01.pdf>.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	\$1,500/visit plus 30% <u>coinsurance</u>	Copayment is charged in addition to the overall deductible. Elective abortion is not covered. \$500 penalty for failure to preauthorize Out-of-Network.
	Physician/surgeon fees	No Charge	30% <u>coinsurance</u>	
If you need immediate medical attention	<u>Emergency room care</u>	No Charge	No Charge	None.
	<u>Emergency medical transportation</u>	No Charge	No Charge	
	<u>Urgent care</u>	No Charge	30% <u>coinsurance</u>	
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	\$1,500/visit plus 30% <u>coinsurance</u>	\$500 penalty for failure to preauthorize.
	Physician/surgeon fees	No Charge	30% <u>coinsurance</u>	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge	30% <u>coinsurance</u>	Preauthorization required. \$500 penalty for failure to preauthorize. Virtual visits may be available for Outpatient services, *please refer to your policy for more details. Inpatient: copayment is charged in addition to the overall deductible.
	Inpatient services	No Charge	\$1,500/visit plus 30% <u>coinsurance</u>	
If you are pregnant	Office visits	Primary Care - \$20/visit Specialist - No Charge	30% <u>coinsurance</u>	First three network office visits are at no charge; deductible and coinsurance apply for subsequent visits. Copayment applies to first prenatal visit (per pregnancy). Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Inpatient copayment is charged in addition to the overall deductible.
	Childbirth/delivery professional services	No Charge	30% <u>coinsurance</u>	
	Childbirth/delivery facility services	No Charge	\$1,500/visit plus 30% <u>coinsurance</u>	
If you need help recovering or have other special health needs	<u>Home health care</u>	No Charge	30% <u>coinsurance</u>	30 visit maximum per benefit period. \$500 penalty for failure to preauthorize.
	<u>Rehabilitation services</u>	No Charge	30% <u>coinsurance</u>	Outpatient: Combined 25 visit limit per benefit period for physical, speech, occupational

\*For more information about limitations and exceptions, see the plan or policy document at <http://www.bcbso.com/policy-forms/2018/OK0320079-01.pdf>.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	<u>Habilitation services</u>	No Charge	30% <u>coinsurance</u>	therapy and muscle manipulation services. Inpatient: 30 day maximum per benefit period. <u>Preauthorization</u> required; \$500 penalty if not preauthorized at least one business day prior to admission.
	<u>Skilled nursing care</u>	No Charge	30% <u>coinsurance</u>	30 visit maximum per benefit period. \$500 penalty for failure to preauthorize.
	<u>Durable medical equipment</u>	No Charge	30% <u>coinsurance</u>	<u>Medically necessary</u> rental or purchase at the <u>plan's</u> discretion.
	<u>Hospice services</u>	No Charge	30% <u>coinsurance</u>	Inpatient <u>copayment</u> may apply. <u>Preauthorization</u> required; \$500 penalty if not preauthorized at least one business day prior to admission.
<b>If your child needs dental or eye care</b>	Children's eye exam	No Charge	Not Covered	One visit per year. *See benefit booklet for <u>network</u> details.
	Children's glasses	No Charge	Not Covered	One pair of glasses per year. *See benefit booklet for <u>network</u> details.
	Children's dental check-up	Not Covered	Not Covered	None

### Excluded Services & Other Covered Services:

<b>Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)</b>		
<ul style="list-style-type: none"> <li>• Abortions (Unless the life of the mother is endangered)</li> <li>• Acupuncture</li> <li>• Bariatric surgery (For weight loss purposes)</li> <li>• Cosmetic surgery (With exception of accidental injury repair and some instances for physiological functioning improvement of a malformed body member)</li> </ul>	<ul style="list-style-type: none"> <li>• Dental Care (Adult)</li> <li>• Infertility treatment</li> <li>• Long-term care</li> <li>• Non-emergency care when traveling outside the U.S.</li> </ul>	<ul style="list-style-type: none"> <li>• Routine eye care (Adult)</li> <li>• Routine foot care (Except for diabetic subscribers)</li> <li>• Weight loss programs</li> </ul>

\*For more information about limitations and exceptions, see the plan or policy document at <http://www.bcbsok.com/policy-forms/2018/OK0320079-01.pdf>.

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan document](#))

- Chiropractic care (Limited to 25 visits per calendar year.)
- Hearing aids (Limited to one for each ear every 48 months)
- Private-duty nursing (Limited to 85 visits per year)

### Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-866-520-2507. You may also contact your state insurance department at 1-405-521-2991. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Blue Cross and Blue Shield of Oklahoma at 1-800-942-5837 or visit [www.bcbsok.com](http://www.bcbsok.com), or contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Contact the Oklahoma Department of Insurance at 1-405-521-2991 or [www.oid.ok.gov](http://www.oid.ok.gov).

Additionally, a consumer assistance program can help you file your appeal. Contact the Oklahoma Department of Insurance's Consumer Health Assistance Program at 1-800-522-0071 or visit <https://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/ok.html>.

### Does this plan provide [Minimum Essential Coverage](#)? Yes

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the [Minimum Value Standards](#)? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

Spanish (Español): Spanish (Español): Para obtener asistencia en Español, llame al 1-866-520-2507.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-520-2507.

Chinese (中文): 如果需要中文的帮助，请拨打这个号码 1-866-520-2507.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiiijigo holne' 1-866-520-2507.

—————*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*—————

## About These Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a baby (9 months of in-network pre-natal care and a hospital delivery)

■ <b>The plan's overall deductible</b>	\$7,350
■ <b>Specialist copayment</b>	\$0
■ <b>Hospital (facility)</b>	\$0
■ <b>Other</b>	\$0

**This EXAMPLE event includes services like:**

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,800</b>
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**In this example, Peg would pay:**

<i>Cost Sharing</i>	
Deductibles	\$7,330
Copayments	\$20
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$7,410</b>

### Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ <b>The plan's overall deductible</b>	\$7,350
■ <b>Specialist copayment</b>	\$0
■ <b>Hospital (facility)</b>	\$0
■ <b>Other</b>	\$0

**This EXAMPLE event includes services like:**

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,400</b>
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**In this example, Joe would pay:**

<i>Cost Sharing</i>	
Deductibles	\$6,400
Copayments	\$200
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Joe would pay is</b>	<b>\$6,660</b>

### Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ <b>The plan's overall deductible</b>	\$7,350
■ <b>Specialist copayment</b>	\$0
■ <b>Hospital (facility)</b>	\$0
■ <b>Other</b>	\$0

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,900</b>
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**In this example, Mia would pay:**

<i>Cost Sharing</i>	
Deductibles	\$1,900
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,900</b>

The plan would be responsible for the other costs of these EXAMPLE covered services.





**Health care coverage is important for everyone.**

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We do not discriminate on the basis of race, color, national origin, sex, gender identity, age or disability.

To receive language or communication assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator  
300 E. Randolph St.  
35th Floor  
Chicago, Illinois 60601

Phone: 855-664-7270 (voicemail)  
TTY/TDD: 855-661-6965  
Fax: 855-661-6960  
Email: [CivilRightsCoordinator@hcsc.net](mailto:CivilRightsCoordinator@hcsc.net)

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services  
200 Independence Avenue SW  
Room 509F, HHH Building 1019  
Washington, DC 20201

Phone: 800-368-1019  
TTY/TDD: 800-537-7697  
Complaint Portal: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>  
Complaint Forms: <http://www.hhs.gov/ocr/office/file/index.html>