Coverage for: Individual/Family | Plan Type: PPO

# The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit

https://www.bcbsok.com/policy-forms/2019/SPSH42EPPIOKO.pdf or by calling 1-866-520-2507. For general definitions of common terms, such as <u>allowed</u> <u>amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/UG-Glossary-508-MM.pdf</u> or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<u>Network</u> : \$1,500 Individual/\$4,500 Family Out-of-Network: \$4,500 Individual/\$13,500 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. In-Network Preventive Health is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network</u> : \$7,900 Individual/\$15,800 Family Out-of-Network: Unlimited Individual/Unlimited Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums, balance-billed</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of <u>network</u> <u>providers</u> please call 1-866-520-2507 or see <u>www.</u> <u>bcbsok.com</u> .	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance</u> <u>billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event Services You May Need		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	40% coinsurance	50% <u>coinsurance</u>	Virtual Visits are available. See your benefit booklet* for details.	
If you visit a health care	<u>Specialist</u> visit	50% <u>coinsurance</u>	50% <u>coinsurance</u>	None	
<u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge; <u>deductible</u> does not apply	30% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Freestanding Facility: 40% <u>coinsurance</u> Hospital: 50% <u>coinsurance</u>	50% <u>coinsurance</u>	<u>Preauthorization</u> may be required; see your	
	Imaging (CT/PET scans, MRIs)	Freestanding Facility: 40% <u>coinsurance</u> Hospital: 50% <u>coinsurance</u>	50% <u>coinsurance</u>	benefit booklet* for details.	

Common		What You	u Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider	Out-of-Network Provider	Information	
		(You will pay the least)	(You will pay the most)		
	Preferred generic drugs	Preferred -	Retail - 25% coinsurance		
		20% <u>coinsurance</u>			
If you need down to		Non-Preferred -			
If you need drugs to treat your illness or	Non professed generic drugs	25% <u>coinsurance</u> Preferred -	Detail 20% esineurones	Limited to a 30-day supply at retail (or a	
condition	Non-preferred generic drugs	25% <u>coinsurance</u>	Retail - 30% <u>coinsurance</u>	90-day supply at a <u>network</u> of select retail	
		Non-Preferred -		pharmacies). Up to a 90-day supply at mail	
More information about		30% coinsurance		order. <u>Specialty drugs</u> limited to a 30-day supply. Payment of the difference between	
prescription drug	Preferred brand drugs	Preferred -	Retail - 35% <u>coinsurance</u>	the cost of a brand name drug and a generic	
coverage is available at		30% coinsurance		may also be required if a generic drug is	
https://www.myprime. com/content/dam/		Non-Preferred -		available. All Out-of-Network prescriptions	
prime/memberportal/		35% <u>coinsurance</u>		are subject to a 50% additional charge after	
forms/AuthorForms/	Non-preferred brand drugs	Preferred -	Retail - 40% <u>coinsurance</u>	the applicable copay/ <u>coinsurance</u> . Additional	
HIM/2019/2019_OK_6T_		35% coinsurance		charge will not apply to any <u>deductible</u> or	
HIM.pdf		Non-Preferred -		out-of-pocket amounts.	
		40% coinsurance			
	Preferred <u>specialty drugs</u>	45% <u>coinsurance</u>	45% <u>coinsurance</u>		
	Non-Preferred <u>specialty drugs</u>	50% coinsurance	50% coinsurance		
	Facility fee (e.g., ambulatory	Freestanding Facility:	\$1,500/visit plus 50%		
	surgery center)	\$300/visit plus 40%	<u>coinsurance</u>		
If you have outpatient		<u>coinsurance</u> Hospital: \$300/visit plus		Preauthorization may be required.	
surgery		50% coinsurance		For Outpatient Infusion Therapy, see your benefit booklet* for details.	
	Physician/surgeon fees	\$200/visit plus 50%	50% coinsurance	benefit booklet for details.	
		coinsurance	oon <u>comourance</u>		
	Emergency room care	\$950/visit plus 50%	\$950/visit plus 50%	N	
		<u>coinsurance</u>	<u>coinsurance</u>	None	
If you nood immediate	Emergency medical	50% coinsurance	50% coinsurance	Preauthorization may be required for	
If you need immediate medical attention	transportation			non-emergency transportation; see your	
				benefit booklet* for details.	
	<u>Urgent care</u>	50% coinsurance	50% <u>coinsurance</u>	Office visit <u>copayment</u> may apply instead of	
				coinsurance.	

\*For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>https://www.bcbsok.com/policy-forms/2019/SPSH42EPPI0K0.pdf</u>.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
lf you have a hospital stay	Facility fee (e.g., hospital room) Physician/surgeon fees	\$400/visit plus 50% coinsurance 50% coinsurance	\$1,500/visit plus 50% coinsurance 50% coinsurance	<u>Preauthorization</u> required. <u>Preauthorization</u> penalty: \$500. See your benefit booklet* for details.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	40% <u>coinsurance</u> for office visits or 50% <u>coinsurance</u> for other outpatient services \$400/visit plus 50% <u>coinsurance</u>	50% <u>coinsurance</u> \$1,500/visit plus 50% <u>coinsurance</u>	Outpatient: <u>Preauthorization</u> may be required; see your benefit booklet* for details. Inpatient: <u>Preauthorization</u> required.	
lf you are pregnant	Office visits Childbirth/delivery professional services Childbirth/delivery facility services	Primary Care: 40% <u>coinsurance</u> <u>Specialist</u> : 50% <u>coinsurance</u> 50% <u>coinsurance</u> \$400/visit plus 50% coinsurance	50% <u>coinsurance</u> 50% <u>coinsurance</u> \$1,500/visit plus 50% <u>coinsurance</u>	<u>Cost sharing</u> does not apply to certain <u>preventive services.</u> Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	50% <u>coinsurance</u>	50% <u>coinsurance</u>	30 visits/year. <u>Preauthorization</u> may be required.	
If you need help recovering or have other special health	Rehabilitation services Habilitation services	50% <u>coinsurance</u> 50% <u>coinsurance</u>	50% <u>coinsurance</u> 50% <u>coinsurance</u>	<u>Preauthorization</u> may be required. Outpatient: Combined 25 visit limit per benefit period for physical, speech, occupational therapy and muscle manipulation. Inpatient: 30 day maximum per benefit period. <u>Preauthorization</u> penalty: \$500.	
needs	Skilled nursing care	50% <u>coinsurance</u>	50% <u>coinsurance</u>	30 days/year. <u>Preauthorization</u> may be required. Inpatient <u>Preauthorization</u> penalty: \$500.	
	Durable medical equipment Hospice services	50% <u>coinsurance</u> 50% <u>coinsurance</u>	50% <u>coinsurance</u> 50% <u>coinsurance</u>	<u>Preauthorization</u> may be required. <u>Preauthorization</u> may be required. Inpatient <u>Preauthorization</u> penalty: \$500.	

\*For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>https://www.bcbsok.com/policy-forms/2019/SPSH42EPPI0K0.pdf</u>.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
lf your child noodo	Children's eye exam	No Charge; <u>deductible</u> does not apply	Not Covered	One visit per year. See your benefit booklet* for details.	
If your child needs dental or eye care	Children's glasses	No Charge; <u>deductible</u> does not apply	Not Covered	One pair of glasses per year. See your benefit booklet* for details.	
	Children's dental check-up	Not Covered	Not Covered	None	

### **Excluded Services & Other Covered Services:**

<ul> <li>Abortion (Unless the life of the mother is endangered)</li> <li>Acupuncture</li> <li>Bariatric surgery (For weight loss purposes)</li> <li>Cosmetic surgery (With exception of accidental injury repair and some instances for physiologica functioning improvement of a malformed body member)</li> </ul>		<ul> <li>Routine eye care (Adult)</li> <li>Routine foot care (Except for diabetic subscribers</li> <li>Weight loss programs</li> </ul>
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Chiropractic care (Limited to 25 visits per calendar	Hearing aids (Limited to one for each ear every	• Private-duty nursing (Limited to 85 visits per year)	
year.)	48 months)		

## Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-866-520-2507. You may also contact your state insurance department at 1-800-522-0071. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Blue Cross and Blue Shield of Oklahoma at 1-800-942-5837 or visit <u>www.bcbsok.com</u>. Contact the Oklahoma Department of Insurance at 1-405-521-2991 or <u>www.oid.ok.gov</u>.

Additionally, a consumer assistance program can help you file your appeal. Contact the Oklahoma Department of Insurance's Consumer Health Assistance Program at 1-800-522-0071 or visit <u>https://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/ok.html</u>.

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-520-2507. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-520-2507. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-520-2507. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-520-2507.

### **About These Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-nata hospital delivery)			<b>Managing Joe's type 2 Dia</b> (a year of routine in-network o well-controlled conditio	care of a
The <u>plan's</u> overall <u>deductible</u>	\$1,500		The <u>plan's</u> overall <u>deductible</u>	\$1,
Specialist coinsurance	50%		Specialist coinsurance	ĩ
Hospital (facility) copay/coins.	\$400 + 50%		Hospital (facility) copay/coins.	\$400 + 5
Other <u>coinsurance</u>	50%		Other coinsurance	Ĺ
This EXAMPLE event includes serv	ices like:	1	This EXAMPLE event includes serv	ices like:

Specialist office visits (prenatal care) **Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services** Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,800	
In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$1,500	
Copayments	\$400	

The total Peg would pay is	\$7,360
Limits or exclusions	\$60
What isn't covered	
Coinsurance	\$5,400
oopaymento	\$100

The <u>plan's</u> overall <u>deductible</u>	\$1,500			
Specialist coinsurance	50%			
Hospital (facility) copay/coins.	\$400 + 50%			
Other <u>coinsurance</u>	50%			
This EXAMPLE event includes services like:				

Primary care physician office visits (including disease education) Diagnostic tests (*blood work*) Prescription drugs Durable medical equipment (*qlucose meter*)

Total Example Cost	\$7,400

### In this example, Joe would pay:

Cost Sharing	
Deductibles	\$1,500
Copayments	\$0
Coinsurance	\$2,000
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$3,560

## **Mia's Simple Fracture** (in-network emergency room visit and follow up care)

The <u>plan's</u> overall <u>deductible</u>	\$1,500
Specialist coinsurance	50%
Hospital (facility) copay/coins.	\$400 + 50%
Other <u>coinsurance</u>	50%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (*x-ray*) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
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### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$1,500
Copayments	\$300
Coinsurance	\$80
What isn't covered	·
Limits or exclusions	\$0
The total Mia would pay is	\$1,880



If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To speak to an interpreter, call the customer service number on the back of your member card. If you are not a member, or don't have a card, call 855-710-6984.

العربية	إن كان لديك أو لدى شخص تساعده أسئلة، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة. للتحدث إلى مترجم فوري، اتصل على رقم خدمة العملاء المذكور على ظهر بطاقة عضويتك. فإن لم تكن عضوًا، أو
Arabic	كنت لا تملك بطاقة، فاتصل على 6984-710-855.
မွနျမာ Burmese	သင် သို့မဟုတ် သင်ကူညီပေးနေသူတဦးမှ မေးမြန်းလိုသည့် မေးခွန်းများရှိပါက သင့် ဘာသာစကားဖြင့် အကူအညီနှင့် အချက်အလက်များကို အခမဲ့ဖြင့်ရယူနိုင်သည့်အခွင့်အရေးရှိပါသ ည်။ ဘာသာစကား ပြန်ဆိုသူနှင့် စကားပြောရန် သင့် အဖွဲ့ ဂင်ကဒ်၏ နောက်ကျောဖက်ပေါ် ရှ သုံးစွဲသူ ဂန်ဆောင်မှု ဖုန်းနံပါတ်သို့ ခေါ်ဆိုပါ။ အကယ်၍ သင်သည် အဖွဲ့ ဂင်တစ်ဦး မဟုတ်ခဲ့ပါက သို့မဟုတ် ကဒ် မရှိပါက 855- 710-6984 သို့ ခေါ်ဆိုပါ။
GWY	ℎ <i>℈</i> ℤ, ⅅℰ <i>℣</i> ₢₸ Ѳ <i>℈ⅆ</i> ⅁ℇℙⅆℇℒ, ⅆ℈ℰⅆ℆ⅆⅆ℁, ℎℬ Gⅆ ℗ⅆ℧ℒ℞ℂℙⅆℇ℄⅃ ⅅℰ℞ℂℤ℄⅃ ℂℍ ℧℗ℎℬⅆℋℇѠ℗ℒⅅ℄⅌℁ഀ. ℗ⅆ℧ℤ ⅅℳℙ⅄ⅆ℧ℒ℧ℳℙ⅄ⅆ℧ℒ℧ℳℙℴⅆ℧ℋ
Cherokee	ⅅϴႱⅆℨℙⅆ℧ℒ℗ⅆ℧ℒℙℙℾ ⅆℋℙ ℰ⅄ℰ ⅅℾℎℎⅆℳ Տ⅄ⅆ⅌⅂ℾℳⅆⅆℳℳℙ℗ℎℙ℞℗ℬ⅄, ⅅℰ ⅅℾℎℎⅆℳℎℂ℗℗ℬℒ, ℗ⅆ℧ℍⅆ℅ℌ ⅅⅆℎ 855-710-6984.
繁體中文	如果您, 或您正在協助的對象, 對此有疑問, 您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員, 請致電印在您的會員卡背面的客戶服務電話號碼。如果您不是會員, 或沒有
Chinese	會員卡, 請致電 855-710-6984。
Français French	Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, composez le numéro du service client indiqué au verso de votre carte de membre. Si vous n'êtes pas membre ou si vous n'avez pas de carte, veuillez composer le 855-710-6984.
Deutsch German	Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Kundenservicenummer auf der Rückseite Ihrer Mitgliedskarte an. Falls Sie kein Mitglied sind oder keine Mitgliedskarte besitzen, rufen Sie bitte 855-710-6984 an.
Hmoob Hmong	Yog koj, los yog tej tus neeg uas koj pab ntawd muaj lus nug txog, koj muaj cai hais kom lawv pab muab cov ntaub ntawv sau ua koj hom lus pub dawb rau koj. Xav tham nrog ib tug kws txhais lus, hu rau tus nab npawb xovtooj pab cuam neeg qhua uas nyob sab tom qab ntawm koj daim npav tswv cuab. Yog koj tsis yog ib tug neeg tswv cuab, los yog koj tsis muaj npav, hu rau 855-710-6984.
한국어	만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 회원 카드 뒷면에 있는고객 서비스
Korean	번호로 전화하십시오. 회원이 아니시거나 카드가 없으시면 855-710-6984 으로 전화주십시오.
ພາສາລາວ	ຖ້າທ່ານ ຫຼື ຄົນທີທ່ານກຳລັງໃຫ້ການຊ່ວຍເຫຼືອມີຄຳຖາມ, ທ່ານມີສິດຂໍເອົາການຊ່ວຍເຫຼືອ ແລະ ຂໍມູນເປັນນພາສາຂອງທ່ານໄດ້ໂດຍບໍມີຄ່າ
Laotian	ໃຊ້ຈ່າຍ. ເພື່ອລົມກັບນາຍແປພາສາ, ໃຫ້ໂທຫາເບີຝ່າຍບໍລິການລູກຄ້າທີ່ມີຢູ່ດ້ານຫຼັງບັດສະມາຊິກຂອງທ່ານ. ຖ້າທ່ານບໍ່ແມ່ນສະມາຊິກ, ຫຼື ບໍ່ມີບັດ, ໃຫ້ໂທຫາເບີ 855-710-6984.
Diné Navajo	T'áá ni, éí doodago ła'da bíká anánílwo'ígíí, na'ídíłkidgo, ts'ídá bee ná ahóóti'i' t'áá níík'e níká a'doolwoł. Ata' halne'í bich'i' hadeesdzih nínízingo éí kwe'é da'íníishgi áká anídaalwo'ígíí bich'i' hodíílnih, bee nééhózinii bine'dęé' bikáá'. Kojí atah naaltsoos ná hadít'éégóó éí doodago bee nééhózinígíí ádingo koji' hodíílnih 855-710-6984.
فارسی	اگر شما، یا کسی که شما به او کمک مي کنيد، سؤالی داشته باشيد، حق اين را داريد که به زبان خود، به طور ر ايگان کمک و اطلاعات دريافت نماييد. جهت گفتگو با يک مترجم شفاهی، با خدمات مشتری به شماره ای که در پشت کارت عضويت شما
Persian	در ج شده است تماس بگيريد. اگر عضو نيستيد، يا کارت عضويت نداريد، با شماره 6984-710-855 تماس حاصل نماييد.
Español Spanish	Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete comuníquese con el número del Servicio al Cliente que figura en el reverso de su tarjeta de miembro. Si usted no es miembro o no posee una tarjeta, llame al 855-710-6984.
Tagalog Tagalog	Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa numero ng serbisyo para sa kustomer sa likod ng iyong kard ng miyembro. Kung ikaw ay hindi isang miyembro, o kaya ay walang kard, tumawag sa 855-710-6984.
<b>ไทย</b>	หากคุณ หรือคนที่คุณกำลังช่วยเหลือมีข้อสงสัยใด ๆ คุณมีสิทธิที่จะได้รับความช่วยเหลือ และข้อมูลในภาษาของคุณได้โดยไม่มีค่าใช้จ่าย
Thai	พูดคุยกับล่ามโดยติดต่อฝ่ายบริการลูกค้าที่หมายเลขตามที่ระบุด้านหลังบัตรสมาชิก หากไม่ใช่สมาชิกหรือไม่มีบัตร กรุณาติดต่อที่หมายเลข 855-710-6984
اردو	گر آپ کو، یا کسی ایسے فرد کو جس کی آپ مدد کر رہے ہیں، کوئی سوال درپیش ہے تو، آپ کو اپنی زبان میں مفت مدد اور معلومات حاصل کرنے کا حق ہے۔ مترجم سے بات کرنے کے لیے، کسٹمر سروس نمبر پر کال کریں جو آپ کے
Urdu	کارڈ کی پشت پر درج ہے۔ اگر آپ ممبر نہیں ہیں، یا آپ کے پاس کارڈ نہیں ہے تو، 6984-710-855 پر کال کریں۔
Tiếng Việt	Nếu quý vị hoặc người mà quý vị giúp đỡ có bất kỳ câu hỏi nào, quý vị có quyền được hỗ trợ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với thông dịch viên, gọi số dịch vụ khách
Vietnamese	hàng nằm ở phía sau thẻ hội viên của quý vị. Nếu quý vị không phải là hội viên hoặc không có thẻ, gọi số 855-710-6984.

### Health care coverage is important for everyone. We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age or disability. To receive language or communication assistance free of charge, please call us at 855-710-6984. If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance. Office of Civil Rights Coordinator 855-664-7270 (voicemail) Phone: 300 E. Randolph St. TTY/TDD: 855-661-6965 35th Floor 855-661-6960 Fax: Chicago, Illinois 60601 Email: CivilRightsCoordinator@hcsc.net You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at: U.S. Dept. of Health & Human Services 800-368-1019 Phone: 200 Independence Avenue SW TTY/TDD: 800-537-7697 Room 509F, HHH Building 1019 Complaint Portal: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf Complaint Forms: http://www.hhs.gov/ocr/office/file/index.html Washington, DC 20201