



Do You Need Specialty Medications?



Blue Cross and Blue Shield of Oklahoma (BCBSOK) supports members who need self-administered specialty medication and helps them manage their therapy.

Specialty drugs are often prescribed to treat complex and/or chronic conditions, such as multiple sclerosis, hepatitis C and rheumatoid arthritis.

Specialty drugs often call for carefully following a treatment plan (or taking them on a strict schedule). These medications have special handling or storage needs and may only be stocked by select pharmacies.

Some specialty drugs must be given by a health care professional, while others are approved by the FDA for self-administration (given by yourself or a care giver). Medications that call for administration by a professional are often covered under your medical benefit plan. Your doctor will order these medications. Coverage for self-administered specialty drugs is usually provided through your pharmacy benefit plan. Your doctor should write or call in a prescription for self-administered specialty drugs to be filled by a specialty pharmacy.

Your plan may require you to get your self-administered specialty drugs through an in-network specialty pharmacy. If you do not use these pharmacies, you may pay higher out-of-pocket costs.¹ Your doctor may also order select specialty drugs that must be given to you by a health professional through contracted specialty pharmacies.

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Examples of Self-administered Specialty Medications

This chart shows some conditions self-administered specialty drugs may be used to treat, along with sample medications. This is not a complete list and may change from time to time. Visit bcbsok.com to see the up-to-date list of specialty drugs.

Condition	Sample Medications ²
Autoimmune Disorders	Cosentyx, Enbrel, Humira, Xeljanz
Osteoporosis	Forteo, Tymlos
Cancer (oral)	Gleevec, Nexavar, Sprycel, Sutent, Tarceva
Growth Hormones	Norditropin Flexpro, Nutropin AQ, Omnitrope
Hepatitis C	Daklinza, Epclusa, Harvoni, Mavyret, Sovaldi, Vosevi
Multiple Sclerosis	Betaseron, Copaxone, Rebif

Ordering Through a Specialty Pharmacy

You can order a new prescription or transfer your existing prescription for a self-administered specialty drug to an in-network specialty pharmacy. To find a specialty pharmacy, log in to your myprime.com account or call the customer service number on your Member ID card.³

Receiving Specialty Medications

Since many specialty drugs have unique shipping or handling needs, shipments will be arranged with you through your specialty pharmacy. Medications are shipped in plain, secure, tamper-evident packaging.

Before your scheduled fill date, you will be contacted to:

- Confirm your drugs, dose and the delivery location
- Check any prescription changes your doctor may have ordered⁴
- Discuss any changes in your condition or answer any questions about your health⁴

Certain coverage exclusions and limits may apply, based on your health plan. For some medicines, members must meet certain criteria before prescription drug benefit coverage may be approved. Check your benefit materials for details, or call the customer service number listed on your ID card with questions.

1. The relationship between Blue Cross and Blue Shield of Oklahoma and the specialty pharmacies is that of independent contractors. Based on the benefit plan, members may be responsible for the full cost of the specialty drug for not using an in-network specialty pharmacy.

2. Third-party brand names are the property of their respective owners.

3. Myprime.com is an online resource offered by Prime Therapeutics LLC, a pharmacy benefit manager contracted by Blue Cross and Blue Shield of Oklahoma (BCBSOK) to administer your prescription drug benefit.

4. Treatment decisions are between you and your doctor.