



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit

[www.bcbsok.com/ok/documents/mid-market/benefit-booklets/2026/bb\\_mobap1045\\_ok\\_2026.pdf](http://www.bcbsok.com/ok/documents/mid-market/benefit-booklets/2026/bb_mobap1045_ok_2026.pdf) or by calling 1-866-520-2507. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) or call 1-855-756-4448 to request a copy.

| Important Questions                                                | Answers                                                                                                                                                 | Why This Matters:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|--------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>What is the overall deductible?</b>                             | Network:<br>\$3,500 Individual/\$7,000 Family<br>Out-of-Network:<br>\$7,000 Individual/\$14,000 Family                                                  | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .                                                                                                                                                               |
| <b>Are there services covered before you meet your deductible?</b> | Yes. In-network preventive health is covered before you meet your <u>deductible</u> .                                                                   | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at <a href="http://www.healthcare.gov/coverage/preventive-care-benefits/">www.healthcare.gov/coverage/preventive-care-benefits/</a> .                                                            |
| <b>Are there other deductibles for specific services?</b>          | No.                                                                                                                                                     | You don't have to meet <u>deductibles</u> for specific services.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>What is the out-of-pocket limit for this plan?</b>              | Network:<br>\$3,500 Individual/\$7,000 Family<br>Out-of-Network:<br>\$7,000 Individual/\$14,000 Family                                                  | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.                                                                                                                                                                                                                                                                                     |
| <b>What is not included in the out-of-pocket limit?</b>            | <u>Premiums</u> , <u>preauthorization</u> penalties, <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.                    | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Will you pay less if you use a network provider?</b>            | Yes. See <a href="http://www.bcbsok.com/blueadvantage">www.bcbsok.com/blueadvantage</a> or call 1-866-520-2507 for a list of <u>network providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's charge</u> and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| <b>Do you need a referral to see a specialist?</b>                 | No.                                                                                                                                                     | You can see the <u>specialist</u> you choose without a <u>referral</u> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| Common Medical Event                                                                                                                                                                                                                                  | Services You May Need                            | What You Will Pay                           |                                                                      | Limitations, Exceptions, & Other Important Information                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|---------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                       |                                                  | Network Provider (You will pay the least)   | Out-of-Network (You will pay the most)                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| If you visit a health care provider's office or clinic                                                                                                                                                                                                | Primary care visit to treat an injury or illness | No Charge after <u>deductible</u>           | No Charge after <u>deductible</u>                                    | Telemedicine Visits are available. See your benefit booklet* for details.                                                                                                                                                                                                                                                                                                                                                                                                                          |
|                                                                                                                                                                                                                                                       | Specialist visit                                 | No Charge after <u>deductible</u>           | No Charge after <u>deductible</u>                                    | None                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|                                                                                                                                                                                                                                                       | Preventive care/screening/immunization           | No Charge; <u>deductible</u> does not apply | No Charge after <u>deductible</u>                                    | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.                                                                                                                                                                                                                                                                                                                            |
| If you have a test                                                                                                                                                                                                                                    | Diagnostic test (x-ray, blood work)              | No Charge after <u>deductible</u>           | No Charge after <u>deductible</u>                                    | <u>Preauthorization</u> may be required; see your benefit booklet* for details.                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                                                       | Imaging (CT/PET scans, MRIs)                     | No Charge after <u>deductible</u>           | No Charge after <u>deductible</u>                                    | <u>Preauthorization</u> may be required; see your benefit booklet* for details.                                                                                                                                                                                                                                                                                                                                                                                                                    |
| If you need drugs to treat your illness or condition<br><br>More information about <b>prescription drug coverage</b> is available at <a href="http://www.bcbsok.com/rx-drugs/drug-lists/drug-lists">www.bcbsok.com/rx-drugs/drug-lists/drug-lists</a> | Generic drugs (Preferred)                        | Retail: No Charge after <u>deductible</u>   | Retail: No Charge after <u>deductible</u> plus 50% additional charge | Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> are limited to a 30-day supply except for certain FDA-designated dosing regimens. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. Your cost for a covered insulin drug will not exceed \$30 per 30-day supply or \$90 per 90-day supply. |
|                                                                                                                                                                                                                                                       | Generic drugs (Non-Preferred)                    | Retail: No Charge after <u>deductible</u>   | Retail: No Charge after <u>deductible</u> plus 50% additional charge |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                                                       | Brand drugs (Preferred)                          | Retail: No Charge after <u>deductible</u>   | Retail: No Charge after <u>deductible</u> plus 50% additional charge |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                                                       | Brand drugs (Non-Preferred)                      | Retail: No Charge after <u>deductible</u>   | Retail: No Charge after <u>deductible</u> plus 50% additional charge |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                                                       | <u>Specialty drugs</u> (Preferred)               | No Charge after <u>deductible</u>           | No Charge after <u>deductible</u> plus 50% additional charge         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                                                                                                                                                                                                                                                       | <u>Specialty drugs</u> (Non-Preferred)           | No Charge after <u>deductible</u>           | No Charge after <u>deductible</u> plus 50% additional charge         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| If you have outpatient surgery                                                                                                                                                                                                                        | Facility fee (e.g., ambulatory surgery center)   | No Charge after <u>deductible</u>           | No Charge after <u>deductible</u>                                    | <u>Preauthorization</u> may be required. For Outpatient Infusion Therapy, see your benefit booklet* for details.                                                                                                                                                                                                                                                                                                                                                                                   |

\* For more information about limitations and exceptions, see the plan or policy document at [www.bcbsok.com/ok/documents/mid-market/benefit-booklets/2026/bb\\_mobap1045\\_ok\\_2026.pdf](http://www.bcbsok.com/ok/documents/mid-market/benefit-booklets/2026/bb_mobap1045_ok_2026.pdf).

| Common Medical Event                                                      | Services You May Need                     | What You Will Pay                         |                                        | Limitations, Exceptions, & Other Important Information                                                                                                                                                                                                                                                                                            |
|---------------------------------------------------------------------------|-------------------------------------------|-------------------------------------------|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                           |                                           | Network Provider (You will pay the least) | Out-of-Network (You will pay the most) |                                                                                                                                                                                                                                                                                                                                                   |
|                                                                           | Physician/surgeon fees                    | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | Preauthorization may be required. For Outpatient Infusion Therapy, see your benefit booklet* for details.                                                                                                                                                                                                                                         |
| If you need immediate medical attention                                   | <u>Emergency room care</u>                | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | Out of network cost share is subject to <u>Network deductible</u> .                                                                                                                                                                                                                                                                               |
|                                                                           | <u>Emergency medical transportation</u>   | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | None                                                                                                                                                                                                                                                                                                                                              |
|                                                                           | <u>Urgent care</u>                        | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | None                                                                                                                                                                                                                                                                                                                                              |
| If you have a hospital stay                                               | Facility fee (e.g., hospital room)        | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | Preauthorization required. \$500 penalty for failure to preauthorize. See your benefit booklet* for details.                                                                                                                                                                                                                                      |
|                                                                           | Physician/surgeon fees                    | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | Preauthorization required. See your benefit booklet* for details.                                                                                                                                                                                                                                                                                 |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services                       | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | Preauthorization may be required; see your benefit booklet* for details.                                                                                                                                                                                                                                                                          |
|                                                                           | Inpatient services                        | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | Preauthorization required. \$500 penalty for failure to preauthorize.                                                                                                                                                                                                                                                                             |
| If you are pregnant                                                       | Office visits                             | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | Cost sharing does not apply for <u>preventive services</u> . Depending on the type of services, a <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).                                                                                                                   |
|                                                                           | Childbirth/delivery professional services | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      |                                                                                                                                                                                                                                                                                                                                                   |
|                                                                           | Childbirth/delivery facility services     | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      |                                                                                                                                                                                                                                                                                                                                                   |
| If you need help recovering or have other special health needs            | <u>Home health care</u>                   | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | 30 visits per benefit period. \$500 penalty for failure to preauthorize.                                                                                                                                                                                                                                                                          |
|                                                                           | <u>Rehabilitation services</u>            | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | Outpatient: Separate 25-visit limit per benefit period for Rehabilitation and <u>Habilitation Services</u> , which includes physical, speech, occupational therapy and muscle manipulation. Inpatient: Separate 30-day maximum for Rehabilitation and <u>Habilitation Services</u> per benefit period. \$500 penalty for failure to preauthorize. |
|                                                                           | <u>Habilitation services</u>              | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      |                                                                                                                                                                                                                                                                                                                                                   |

\*For more information about limitations and exceptions, see the plan or policy document at [www.bcbsok.com/ok/documents/mid-market/benefit-booklets/2026/bb\\_mobap1045\\_ok\\_2026.pdf](http://www.bcbsok.com/ok/documents/mid-market/benefit-booklets/2026/bb_mobap1045_ok_2026.pdf).

| Common Medical Event                          | Services You May Need            | What You Will Pay                         |                                        | Limitations, Exceptions, & Other Important Information                                  |
|-----------------------------------------------|----------------------------------|-------------------------------------------|----------------------------------------|-----------------------------------------------------------------------------------------|
|                                               |                                  | Network Provider (You will pay the least) | Out-of-Network (You will pay the most) |                                                                                         |
|                                               | <u>Skilled nursing care</u>      | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | 30-day inpatient maximum per benefit period. \$500 penalty for failure to preauthorize. |
|                                               | <u>Durable medical equipment</u> | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | <u>Medically necessary</u> rental or purchase at the <u>plan's</u> discretion.          |
|                                               | <u>Hospice services</u>          | No Charge after <u>deductible</u>         | No Charge after <u>deductible</u>      | \$500 penalty for failure to preauthorize.                                              |
| <b>If your child needs dental or eye care</b> | Children's eye exam              | Not Covered                               | Not Covered                            | None                                                                                    |
|                                               | Children's glasses               | Not Covered                               | Not Covered                            | None                                                                                    |
|                                               | Children's dental check-up       | Not Covered                               | Not Covered                            | None                                                                                    |

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (Unless the life of the pregnant individual is endangered)
- Acupuncture
- Cosmetic surgery (With exception of accidental injury repair and some instances for physiological functioning improvement of a malformed body member)
- Dental care (Adult and Child)
- Infertility treatment
- Long-term care
- Routine eye care (Adult and Child)
- Routine foot care (Except for diabetic subscribers)
- Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care (25 visit maximum per benefit period combined with outpatient therapies)
- Hearing aids (One hearing aid per ear every 48 months)
- Non-emergency care when traveling outside the U.S. (With the exception of any services and supplies provided to a Subscriber incurred outside the United States if the Subscriber traveled to the location for the purposes of receiving medical services, supplies, or drugs)
- Private-duty nursing (Limited to 85 visits per benefit period)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: For group health coverage contact the plan, Blue Cross and Blue Shield of Oklahoma at 1-866-520-2507 or visit [www.bcbsok.com](http://www.bcbsok.com). For group health coverage subject to ERISA, contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). For non-federal governmental group health plans, contact Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Church plans are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: For group health coverage subject to ERISA: the plan at 1-866-520-2507 or visit [www.bcbsok.com](http://www.bcbsok.com), the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), and the Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or [www.oid.ok.gov](http://www.oid.ok.gov). For non-federal governmental group health plans and church plans that are group health plans, the plan at 1-866-520-2507 or [www.bcbsok.com](http://www.bcbsok.com) or contact the Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or [www.oid.ok.gov](http://www.oid.ok.gov). Additionally, a consumer assistance program can help you file your appeal. Contact the Oklahoma Department of Insurance's Consumer Health Assistance Program at 1-405-521-2991 or visit [www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/ok.html](http://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/ok.html).

**Does this plan provide Minimum Essential Coverage? Yes.**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

**Does this plan meet the Minimum Value Standards? Yes.**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-520-2507.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-520-2507.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-520-2507.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijigo holne' 1-866-520-2507.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

|                                               |         |
|-----------------------------------------------|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$3,500 |
| ■ <u>Specialist</u>                           | \$0     |
| ■ Hospital (facility)                         | \$0     |
| ■ Other                                       | \$0     |

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

|                           |                 |
|---------------------------|-----------------|
| <b>Total Example Cost</b> | <b>\$12,700</b> |
|---------------------------|-----------------|

#### In this example, Peg would pay:

| <i>Cost Sharing</i>               |                |
|-----------------------------------|----------------|
| <u>Deductibles</u>                | \$3,500        |
| <u>Copayments</u>                 | \$0            |
| <u>Coinsurance</u>                | \$0            |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$60           |
| <b>The total Peg would pay is</b> | <b>\$3,560</b> |

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

|                                               |         |
|-----------------------------------------------|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$3,500 |
| ■ <u>Specialist</u>                           | \$0     |
| ■ Hospital (facility)                         | \$0     |
| ■ Other                                       | \$0     |

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$5,600</b> |
|---------------------------|----------------|

#### In this example, Joe would pay:

| <i>Cost Sharing</i>               |                |
|-----------------------------------|----------------|
| <u>Deductibles</u>                | \$2,300        |
| <u>Copayments</u>                 | \$400          |
| <u>Coinsurance</u>                | \$0            |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$20           |
| <b>The total Joe would pay is</b> | <b>\$2,720</b> |

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

|                                               |         |
|-----------------------------------------------|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$3,500 |
| ■ <u>Specialist</u>                           | \$0     |
| ■ Hospital (facility)                         | \$0     |
| ■ Other                                       | \$0     |

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

|                           |                |
|---------------------------|----------------|
| <b>Total Example Cost</b> | <b>\$2,800</b> |
|---------------------------|----------------|

#### In this example, Mia would pay:

| <i>Cost Sharing</i>               |                |
|-----------------------------------|----------------|
| <u>Deductibles</u>                | \$1,900        |
| <u>Copayments</u>                 | \$0            |
| <u>Coinsurance</u>                | \$0            |
| <i>What isn't covered</i>         |                |
| Limits or exclusions              | \$0            |
| <b>The total Mia would pay is</b> | <b>\$1,900</b> |

The plan would be responsible for the other costs of these EXAMPLE covered service.

## Non-Discrimination Notice

### Health Care Coverage Is Important For Everyone

We do not discriminate on the basis of race, color, national origin (including limited English knowledge and first language), age, disability, or sex (as understood in the applicable regulation). We provide people with disabilities with reasonable modifications and free communication aids to allow for effective communication with us. We also provide free language assistance services to people whose first language is not English.

To receive reasonable modifications, communication aids or language assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, you can file a grievance with:

|                                          |          |                                   |
|------------------------------------------|----------|-----------------------------------|
| Office of Civil Rights Coordinator       | Phone:   | 855-664-7270 (voicemail)          |
| Attn: Office of Civil Rights Coordinator | TTY/TDD: | 855-661-6965                      |
| 300 E. Randolph St., 35th Floor          | Fax:     | 855-661-6960                      |
| Chicago, IL 60601                        | Email:   | civilrightscoordinator@bcbsil.com |

You can file a grievance by mail, fax or email. If you need help filing a grievance, please call the toll-free phone number listed on the back of your ID card (TTY: 711).

You may file a civil rights complaint with the US Department of Health and Human Services, Office for Civil Rights, at:

|                                    |                   |                                                    |
|------------------------------------|-------------------|----------------------------------------------------|
| US Dept of Health & Human Services | Phone:            | 800-368-1019                                       |
| 200 Independence Avenue SW         | TTY/TDD:          | 800-537-7697                                       |
| Room 509F, HHH Building            | Complaint Portal: | ocrportal.hhs.gov/ocr/smartscreen/main.jsf         |
| Washington, DC 20201               | Complaint Forms:  | hhs.gov/civil-rights/filing-a-complaint/index.html |

This notice is available on our website at [bcbsok.com/legal-and-privacy/non-discrimination-notice](http://bcbsok.com/legal-and-privacy/non-discrimination-notice).

ATTENTION: If you speak another language, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 855-710-6984 (TTY: 711) or speak to your provider.

|                    |                                                                                                                                                                                                                                                                                                        |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Español<br>Spanish | ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 855-710-6984 (TTY: 711) o hable con su proveedor. |
| Arabic<br>عربية    | تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم (TTY: 711) 855-710-6984 أو تحدث إلى مقدم الخدمة.                                                               |

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|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 中文<br>Chinese       | 注意：如果您说中文，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服<br>务，以无障碍格式提供信息。致电 855-710-6984（文本电话：711）或咨询您的服务提供<br>商。                                                                                                                                                                                                                                             |
| Français<br>French  | ATTENTION : Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre<br>disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats<br>accessibles sont également disponibles gratuitement. Appelez le 855-710-6984 (TTY : 711) ou parlez<br>à votre fournisseur.     |
| Deutsch<br>German   | ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistentendienste zur<br>Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in<br>barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 855-710-6984 (TTY:<br>711) an oder sprechen Sie mit Ihrem Provider.         |
| ગુજરાતી<br>Gujarati | ધ્યાન આપો: જો તમે ગુજરાતી બોલતા હો તો મફત ભાષા સહાયતા સેવાઓ તમારા માટે ઉપલબ્ધ છે.<br>ચોક્કસ ઓફિસિયલ સહાય અને એક્સસિબલ ફોર્મેટમાં માહિતી પૂરી પાડવા માટેની સેવાઓ પણ વિના મૂલ્યે<br>ઉપલબ્ધ છે. 855-710-6984 (TTY: 711) પર કોલ કરો અથવા તમારા પ્રદાતા સાથે વાત કરો.                                                                                |
| हिंदी<br>Hindi      | ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों<br>में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 855-710-6984<br>(TTY: 711) पर कॉल करें या अपने प्रदाता से बात करें।                                                                           |
| Italiano<br>Italian | ATTENZIONE: se parli Italiano, sono disponibili servizi di assistenza linguistica gratuiti. Sono inoltre<br>disponibili gratuitamente ausili e servizi ausiliari adeguati per fornire informazioni in formati accessibili.<br>Chiama l'855-710-6984 (tty: 711) o parla con il tuo fornitore.                                                    |
| 한국어<br>Korean       | 주의: 한국어 를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한<br>형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 855-710-<br>6984(TTY: 711)번으로 전화하거나 서비스 제공업체에 문의하십시오.                                                                                                                                                                                         |
| Diné<br>Navajo      | SHOOH: Diné bee yáanii'tigogo, saad bee aná'awo' bee áka'anida'awo'it'áá jik'eh<br>ná hóló. Bee ahil hane'go bee nida'anishí t'áá ákodaat'éhígíí dóó bee<br>áka'anida'wo'í áko bee baa hane'í bee hadadilyaa bich'í' ahoot'í'ígíí éí t'áá jik'eh<br>hóló. Kohj'í' 855-710-6984 (TTY: 711) hodiilnih doodago nika'análwo'í bich'í'<br>hanidzihi. |
| فارسی<br>Farsi      | توجه: اگر فارسی صحبت می کنید، خدمات پشتیبانی زبانی رایگان در دسترس شما قرار دارند. همچنین کمکها و خدمات پشتیبانی<br>مناسب برای ارائه اطلاعات در قالبهای قابل دسترس، به صورت رایگان موجود می باشند. با شماره 855-710-6984 (تلفن نابینا:<br>711) تماس بگیرید یا با ارائه دهنده خود صحبت کنید.                                                     |
| Polski<br>Polish    | UWAGA: Osoby mówiące po polsku mogą skorzystać z bezpłatnej pomocy językowej. Dodatkowe<br>pomoc i usługi zapewniające informacje w dostępnych formatach są również dostępne bezpłatnie.<br>Zadzwoń pod numer 855-710-6984 (TTY: 711) lub porozmawiaj ze swoim dostawcą.                                                                        |
| РУССКИЙ<br>Russian  | ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки.<br>Соответствующие вспомогательные средства и услуги по предоставлению информации в<br>доступных форматах также предоставляются бесплатно. Позвоните по телефону 855-710-6984<br>(TTY: 711) или обратитесь к своему поставщику услуг.                 |
| Tagalog<br>Tagalog  | PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyonang tulong sa wika.<br>Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng<br>impormasyon sa mga naa-access na format. Tumawag sa 855-710-6984 (TTY: 711) o makipag-usap<br>sa iyong provider.                       |
| اردو<br>Urdu        | توجہ دیں: اگر آپ اردو بولتے ہیں، تو آپ کے لیے زبان کی مفت مدد کی خدمات دستیاب ہیں۔ قابل رسائی فارمیٹس میں معلومات<br>فراہم کرنے کے لیے مناسب معاون امداد اور خدمات بھی مفت دستیاب ہیں۔ 855-710-6984 (TTY: 711) پر کال کریں یا اپنے<br>فراہم کنندہ سے بات کریں۔                                                                                  |
| Việt<br>Vietnamese  | LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ.<br>Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được<br>cung cấp miễn phí. Vui lòng gọi theo số 855-710-6984 (Người khuyết tật: 711) hoặc trao đổi<br>với người cung cấp dịch vụ của bạn.                       |

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