Get the Right Coverage

Call 855-372-1212, visit bcbsok.com or contact an independent Blue Cross and Blue Shield of Oklahoma agent to get a quote today.
Life is Full of Important Choices

Some choices require more thought than others. When it comes to health insurance, it is important to make the right choice.

Blue Cross and Blue Shield of Oklahoma (BCBSOK) has been around for over 70 years*. The Cross and Shield represent one of the most experienced health care coverage companies in the state. We know health insurance and have been the right choice for generations of people in Oklahoma.

Some of the benefits of selecting a health insurance plan from BCBSOK include:

- Choice of many doctors and hospitals
- Prescription drug coverage, including a mail-order program
- Coverage for many preventive care services**
- Mental health and substance use disorder benefits and services
- Choice of deductibles
- Health and wellness programs included with every insurance plan
- Useful member-only website with tools to help you manage your coverage

Notice Regarding Your Benefits
To obtain information about covered and non-covered benefits, go to bcbsok.com, contact your independent, authorized Blue Cross and Blue Shield of Oklahoma agent or call our Sales Center toll-free at 855-372-1212.

* Blue Cross and Blue Shield of Oklahoma was founded in 1943.
** Many preventive services are covered at 100%. Refer to the Outline of Coverage for benefit details.

You will not be discriminated against for coverage under this policy based on your race, color, national origin, disability, age, sex, gender identity or sexual orientation.
The Affordable Care Act and You

Millions of people have received health care coverage under the Affordable Care Act (ACA). Here are three things you should know:

1. **You may need to get insurance.**
   The Affordable Care Act requires most Americans to have health insurance. Not signing up for a 2016 health plan may result in a federal tax penalty. The penalties are expected to increase each year.

2. **You can get insurance.**
   The health care law creates options for many people to get coverage. And, you won’t be turned down because of a pre-existing health condition, such as asthma, heart disease or cancer.

3. **You may get help paying for it.**
   Your income and family size may qualify you for cost assistance, including a tax credit that lowers your monthly premium cost, and cost-sharing assistance to lower your out-of-pocket costs.

Do You Qualify for Financial Assistance?

Based on your income, family size and the health plan you choose, you may qualify for federal financial assistance when you buy a plan through Health Insurance Marketplace in Oklahoma. This could reduce – or even eliminate – your cost for your monthly premium. You can see if you are eligible by visiting the Marketplace.

Text **OKQUALIFY to 33633** to see if you qualify for federal financial assistance. Message and data rates may apply. Terms and conditions and privacy policy at bcbsok.com/important_info/.

How Do You Sign Up for Health Insurance?

When you are ready to choose your health insurance plan, go to **bcbsok.com**, where you can compare all our plans. Choose the one that works best for you and your family.

If you qualify for cost assistance, you will need to go directly to the Marketplace. You will see many choices for health insurance and can compare your options. After you learn about possible cost assistance and then choose a plan, you will see how much your share will be.

If you have more questions about the Affordable Care Act, you can visit **bcbsok.com**.
Choosing a Health Insurance Plan

**Find the choice that fits your budget and needs.** Compare our plans to find the coverage you need at the cost that works for you and your family.

Health Insurance Plans to Fit Every Budget

We have three levels of health care plans available — bronze, silver and gold. Each plan has different benefits and costs, so be sure to choose the one that fits your needs best. All plans include the same essential health benefits.

**BRONZE PLANS**
- Lowest premium costs
- Higher out-of-pocket costs when you receive care

<table>
<thead>
<tr>
<th>Plan pays</th>
<th>You pay</th>
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| 60% coverage | You pay 40% |

**SILVER PLANS**
- Higher premium costs than Bronze plans
- Lower out-of-pocket costs than Bronze plans

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<th>Plan pays</th>
<th>You pay</th>
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| 70% coverage | You pay 30% |

**GOLD PLANS**
- Higher premium costs than Silver plans
- Lower out-of-pocket costs than Silver plans

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<tr>
<th>Plan pays</th>
<th>You pay</th>
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| 80% coverage | You pay 20% |

**What are Essential Health Benefits?**

The Affordable Care Act requires that all health insurance plans sold on the Health Insurance Marketplace must cover certain basic services that are considered essential to good health. These include:

- Emergency services
- Prescription drugs
- Hospitalization
- Maternity and newborn care
- Rehabilitative services and devices
- Ambulatory services
- Laboratory services
- Mental health/substance use disorder
- Preventive/wellness services and chronic disease management
- Pediatric services
Offering You More Choices

**Find the doctor you want.** Each BCBSOK plan comes with a choice of providers. And with a choice of Oklahoma doctors and hospitals in our networks, chances are good that your current health care providers are included.

Blue Advantage PPO\textsuperscript{SM} or Blue Preferred PPO\textsuperscript{SM}?

BCBSOK has two networks that offer similar benefits. One has more choices, the other lower premiums.

<table>
<thead>
<tr>
<th>Blue Advantage Bronze PPO\textsuperscript{SM}</th>
<th>Blue Preferred Bronze PPO\textsuperscript{SM}</th>
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</thead>
<tbody>
<tr>
<td>• May have lower monthly premiums</td>
<td>• May have a higher monthly premium</td>
</tr>
<tr>
<td>• A choice of doctors and hospitals in your area*</td>
<td>• A choice of doctors and hospitals throughout the state</td>
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Networks vary and may not include every doctor or hospital in your area, so it is important to research your plan’s network before you buy.

**Benefit from Prescription Drug Coverage, Included in All Our Plans**

**Cost savings:** You pay less when you choose generic medicines from our drug list. Talk to your doctor about what is right for you.

**Convenience:** You can use your benefits at many pharmacies. Just show your member ID card at the pharmacy to use your benefits. You may have a better benefit at some pharmacies than others. Visit [bcbsok.com](http://bcbsok.com) to search for pharmacies that may provide the most cost savings.

**Time savings:** Maintenance medications are those drugs you take on a regular basis. You can have up to a 90-day supply of these medications delivered directly to you through PrimeMail\textsuperscript{SM} or at a network of select retail pharmacies.

**Online resources:** You can search the drug list, find a pharmacy, see your claims and get an estimate of your cost for a medication 24/7 by logging in to Blue Access for Members\textsuperscript{SM} at [bcbsok.com](http://bcbsok.com).

*The Advantage plan may not be available where you live.*
Get Help Paying for Your Insurance

Some people may be able to get help paying for their health care coverage, from assistance with premiums to lower out-of-pocket costs when you get care. This will depend on the size of your family and your income level. Learn more at bcbsok.com.

If you are Native American, the cost-sharing amounts and income levels may be different. Please call 855-372-1212 or contact a Blue Cross and Blue Shield of Oklahoma independent, authorized agent for more information.

<table>
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<tr>
<th>WHO Qualifies for Financial Assistance?</th>
<th>2015 amounts shown</th>
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<tbody>
<tr>
<td>Individuals with a yearly income under $46,680</td>
<td>$46,680</td>
</tr>
<tr>
<td>Couples with a yearly income under $62,920</td>
<td>$62,920</td>
</tr>
<tr>
<td>Families of four with a yearly income under $95,400</td>
<td>$95,400</td>
</tr>
<tr>
<td>Families of five with a yearly income under $111,640</td>
<td>$111,640</td>
</tr>
</tbody>
</table>

Is an HSA* (Health Savings Account) Right for You?

An HSA is a special savings account that you can use to cover a wide range of qualified medical expenses. An HSA allows you to take charge of your health and be responsible for how you spend your health care dollars. For many people, using an HSA is an effective way to manage the costs of health care. Not all plans are HSA compatible. Visit bcbsok.com or speak with an independent, authorized agent to learn more.

Notice: Certain individuals who receive cost-sharing reductions under their benefit plan that have the effect of reducing the deductible below the federal government’s minimum deductible may not be eligible to contribute to a Health Savings Account. Please consult your tax adviser for more information.

Health Care Services That Work for You

To ensure the appropriate use of medical services, we provide utilization management and case management services. Information regarding services that require preauthorization or how to preauthorize is made available on bcbsok.com or by calling the toll-free Customer Service telephone number.

In addition, female members can receive specialized care from an OB/GYN from the same network as the primary care physician (PCP) without a referral.

* As a reminder, Health Savings Accounts (HSA) have tax and legal ramifications. Blue Cross and Blue Shield of Oklahoma does not provide legal or tax advice and nothing herein should be construed as legal or tax advice. These materials, and any tax-related statements in them, are not intended or written to be used, and cannot be used or relied on for the purpose of avoiding tax penalties. Tax related statements, if any, may have been written in connection with the promotion or marketing of the transaction(s) or matter(s) addressed by these materials. You should seek advice based on your particular circumstances from an independent tax adviser regarding tax consequences of specific health insurance plans or products.
Get the Most From Your BCBSOK Membership

At Blue Cross and Blue Shield of Oklahoma, we want you to be well. Our goal is to help you live a better and healthier life. We work hard to provide our members with choices to help manage their health.

Choices to Fit Your Needs

Blue Cross and Blue Shield of Oklahoma gives you choices that are right for you.

Options for children  BCBSOK offers health care plans that will cover your children, even if you don’t need coverage yourself. Learn more at bcbsok.com or contact your independent, authorized licensed agent.

Blue Preferred Security PPO℠  This is a special catastrophic health care plan for certain people under age 30 and some people with low incomes. This plan has lower premiums than other health plans, but has higher deductibles. It is meant to serve as a “safety net” to cover large medical costs in case of a serious illness or injury. It is not for everyone, so visit bcbsok.com or speak with an independent, authorized agent to learn more.

BlueCare Dental℠  BCBSOK has options to provide you and your family with dental coverage. Our dental plans offer coverage for cleanings, preventive services and much more. For more information on dental plans visit bcbsok.com, call 855-372-1212 or speak with an independent, authorized licensed agent.

WE OFFER PROGRAMS TO HELP YOU MANAGE YOUR ACCOUNT AND STAY HEALTHIER

<table>
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<tr>
<th>Blue Access for Members℠ (BAM) is a website where you can find out more about your policy. You can check the status of claims, sign up for alerts, print a temporary ID card, view up to 18 months of claims history and more.</th>
<th>Blue Access Mobile℠ Use your mobile phone to find a doctor, hospital or urgent care facility. You can also view your ID card, see your benefit information and get helpful tips to stay healthy.</th>
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<tbody>
<tr>
<td>24/7 Nurseline is a free service where registered nurses listen to your health concerns, give you common health information and tips, and advise you on where to go for care if you need it.</td>
<td>Blue365® is our member discount program. Save on things like exercise equipment, health club and gym memberships, weight loss programs, smoke-free programs and more.**</td>
</tr>
<tr>
<td>Provider Finder® Quickly find your nearest network doctor, hospital or clinic with this easy-to-use online tool.</td>
<td>Blue Care Connection® helps you make the most of your health care benefits and manage your health issues.</td>
</tr>
<tr>
<td>BlueCard® lets you use your coverage as you travel across the country.</td>
<td>Centered is a smartphone app that helps you manage stress levels and track your daily physical activity.</td>
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**Blue365 is a discount program only for BCBSOK members. This is NOT insurance. Some of the services offered through this program may be covered under your health plan. Please check your benefit booklet or call the customer service number on the back of your ID card for specific benefit facts. Use of Blue365 does not change your monthly payment, nor do costs of the services or products count toward any maximums and/or plan deductibles. Discounts are only given through vendors who take part in this program. BCBSOK does not guarantee or make any claims or recommendations about the program’s services or products. You may want to talk to your doctor before using these services and products. BCBSOK reserves the right to stop or change this program at any time without notice.
Let Us Help You

- Choose the right plan
- Select copays and deductibles that fit your budget
- Find the right networks with your doctor
- Understand the Affordable Care Act

Depend on a company with more than 70 years* of experience in Oklahoma.

Enroll Today

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Visit us on the Web at bcbsok.com.
Contact your independent, authorized Blue Cross and Blue Shield of Oklahoma agent.

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