

# **Blue Cross Group Medicare Options™**



# live your Blue life

# Thank you for choosing BlueSecure and Blue Cross Group MedicareRx<sup>SM</sup> as part of your Medicare coverage.

You're in good company. Over 110 million Americans\* depend on the Benefit of BluesM.

This is the Welcome Guide we promised to send when your enrollment was approved. Please review the contents carefully. It has information you need about your new plans. If you have any questions or concerns that are not covered here, please call Customer Service at the number listed on the back of your member ID cards.

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Look for these helpful icons to get the most out of your plan.



When you see this icon, **TAKE ACTION** to complete a task.



When you see this icon, **SAVE THIS** important information somewhere you can easily reference it.



When you see this icon, you have **NEW INFORMATION** to review.

<sup>\*</sup> The Blue Cross and Blue Shield System. Blue Cross and Blue Shield Association. www.bcbs.com. 10 June 2021.

### New to Medicare?

We're here to help. We hope to answer your basic questions in this booklet. If you need more information or help understanding your benefits or the Medicare rules, call the numbers listed on the back of your member ID cards.

### What You Need to Know about BlueSecure.

BlueSecure is a retiree group supplemental medical plan that works with Original Medicare to provide broad coverage, including helping to pay for things like copays and coinsurance. If Medicare denies a service, BlueSecure may also deny that service. Generally, the plan only pays if Medicare allows a service. BlueSecure plans do not cover vision, hearing, or dental services. With BlueSecure, you can choose any doctor or specialist who accepts Medicare. At the time of your doctor's visit, there is no cost upfront. Just show your member ID card and your claim will be sent to Medicare and then sent electronically to us. Please confirm that your provider accepts Medicare before your appointment.

### Hospitalization

BlueSecure can help pay for your Part A inpatient hospitalization coinsurance plus coverage for Medicareapproved amounts through the 515th day.

### **Medical Expenses**

BlueSecure can help pay your Part B coinsurance, generally 20% of Medicare-approved costs, or copayments for hospital outpatient services. Medicare pays the other 80% of costs.

### **Blood**

BlueSecure can help pay for the first three pints of blood each year.

### **Hospice Care**

BlueSecure can help pay for your Part A coinsurance through the 100th day.

BlueSecure also can help pay for skilled nursing facility care, Medicare Part A and B deductibles, and emergency care when you travel outside the United States.

### How do I find a doctor or hospital?

### It's very important that your doctors accept Medicare assignment.

Find providers who do at **www.medicare.gov/care-compare**. This website is run by the Federal government, which keeps track of all providers accepting Medicare patients.

### Questions about your medical or hospital coverage?

Call the Customer Service number on the back of your BlueSecure member ID card.

### Learn How to Get the Most from Your Part D Plan.

Blue Cross Group MedicareRx covers many commonly used outpatient prescription drugs for health issues like high blood pressure, high cholesterol, depression, and osteoporosis.

### **Get to Know Your Formulary.**

Your plan covers a broad range of prescription drugs. A formulary is a list of drugs your plan covers. You'll find the costs for your drugs listed in the enclosed Evidence of Coverage Benefit Insert (EBI). Be sure to share the formulary with your providers and discuss any medications you are already taking. You can lower your costs if you stick to drugs on the list. And you may be able to save money by choosing generic drugs. Ask if this is an option for you. If you have questions, call us at the number listed on the back of your Blue Cross Group MedicareRx member ID card.

### Drugs are placed in tiers.

The costs for drugs in each tier are different. Generally, drugs on lower-number tiers cost less. Tier 1 includes the drugs prescribed for common conditions. The drug list will tell you which tier a drug is in, and the tier can give you an idea of how much a drug costs. Read your EBI for details on coverage and member costs.

### How to Read the Formulary.

There are two ways to find medications: by medical condition and alphabetically. The formulary includes a table that shows more information such as special rules for prior authorization, quantity limits and step therapy.

### **National Pharmacy Network**

We make it easy and affordable to get the medications you need, in your neighborhood or across the country. Our national pharmacy network includes thousands of retail locations. Using an in-network pharmacy may allow you to purchase prescriptions for a lower copay than at an out-of-network pharmacy.

All major national retail and grocery pharmacy chains participate in the network, including:







Prime Therapeutics LLC has an ownership interest in AllianceRx Walgreens Prime, a central specialty pharmacy and home delivery pharmacy. Prime Therapeutics LLC, provides pharmacy benefit management services for Blue Cross and Blue Shield of Oklahoma and is owned by 18 Blue Cross and Blue Shield Plans, subsidiaries or affiliates of those plans.

### **Home Delivery and Specialty Pharmacy**

### **Refills by Mail**

Choose convenience with our mail-order service. A 90-day supply of the medications you take regularly can be delivered directly to your home. This service offers:

- Three ways to order refills: online, by phone or through the mail.
- Up to a 90-day supply of medications at one time.
- A choice to get a text, email or phone call to let you know when your order is received, and your prescriptions are mailed.

You will need to set up an account using your member ID with one of two options:

### **AllianceRx Walgreens Prime**

Visit www.alliancerxwp.com/home-delivery or call 1-877-277-7895.

### **Express Scripts® Pharmacy**

Visit www.express-scripts.com/rx or call 1-833-599-0729.

### **Specialty Pharmacy**

Specialty medications are often prescribed to treat complex and/or chronic conditions. They have unique shipping or handling needs. You may be able to fill specialty prescriptions at certain retail pharmacies, if they stock the medication.

You also can use one of two specialty pharmacy options:

### **AllianceRx Walgreens Prime**

Visit www.alliancerxwp.com/specialty-pharmacy or call 1-877-627-6337 to get started.

#### Accredo®

Visit www.accredo.com or call **1-833-721-1619** to get started.

### **Out-of-Network Pharmacies**

You can buy covered drugs from out-of-network pharmacies in an emergency or if you are traveling where there is no network pharmacy. Please call us for more information.

### Questions about your prescription drug coverage?

Call Customer Service at the number on the back of your Blue Cross Group MedicareRx member ID card.

Accredo is a specialty pharmacy that is contracted to provide services to members of BCBSOK. The relationship between Accredo and BCBSOK is that of independent contractors. Accredo is a trademark of Express Scripts Strategic Development, Inc. Express Scripts® Pharmacy is a pharmacy that is contracted to provide mail pharmacy services to members of BCBSOK. The relationship between Express Scripts® Pharmacy and BCBSOK is that of independent contractors. Express Scripts® Pharmacy is a trademark of Express Scripts Strategic Development, Inc. Express Scripts is an independent company and is solely responsible for the products and services that it provides.

# Let's Get Started

Follow these easy steps to get the most from your plan.



# Step 1

# **Check Your Member ID Cards**



You can begin to use your benefits on your effective date, even if your ID cards have not yet arrived in the mail.

### You will get an ID card for each plan.

These are separate from your red, white and blue Medicare ID card.

### **Review for the following:**

#### Effective Date

Your confirmation letter and Part D plan member ID card will show your effective date — the date your coverage begins. The letter can be used as proof of insurance if you have not received your member ID cards by your effective date.

#### Personal Information

Make sure the information on the ID cards is accurate.

If something is wrong on either ID card, please call the Customer Service number on the back of that card.



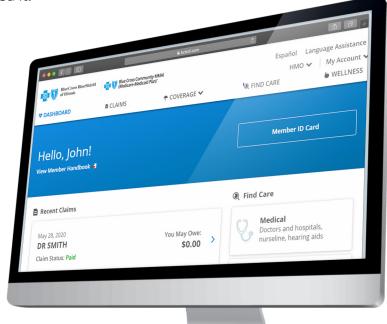
# Sign up or Log in to Blue Access for Members (BAM)

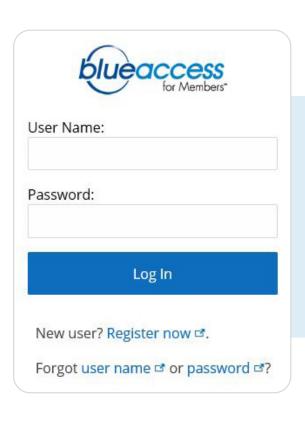
### Everything you need to know about your coverage — in one place.

Get the most out of your health care benefits with Blue Access for Members. It's the health information you need, anytime you need it.

# Here are just a few things you can do with BAM:

- View your claims, coverage and benefits.
- See your prescription history.
- Search for a health care provider, hospital, urgent care facility or pharmacy.
- · Request or print your ID card.
- View or print Explanation of Benefits statements.
- · And more!





### It's Easy to Get Started!

Go to www.bluememberok.com or grab your smart phone and your ID card and text\*
BCBSOKAPP to 33633 so you can use BAM while you're on the go.

<sup>\*</sup> Message and data rates may apply.

# Step 3

## **Review Your Plans.**



Take a look at the important plan information included in this Welcome Guide to be sure you understand your new benefits. Remember, these are important documents, so keep them in a safe place.

### BlueSecure

Your enrollment kit included a benefit highlight sheet. It noted:

- The costs Original Medicare pays
- The benefits the plan pays
- Any expenses you may have to pay

Medicare updates this information each year.

### **Blue Cross Group MedicareRx**

The EBI tells you how to get your prescription drugs covered through the plan. The EBI is part of your complete EOC which can be found on BAM (see Step 2). It explains:

- What your Part D plan covers
- What you pay for your Part D prescription drugs
- Your rights and responsibilities

# Step 4

# Notify Your Doctor and Pharmacy.

Show your new ID cards to your doctor and pharmacy so they have the most up-to-date information. You also may need to show your red, white and blue Medicare card to your providers.



# Forms You May Need.

# These are some of the forms you may need during the year. All forms can be found on BAM at www.bluememberok.com.

- Authorization to Disclose Protected Health Information (PHI)
  - Use this form to give the plan permission to share your PHI with a specific person or entity.
- Prescription Drug Home Delivery Form

Be sure to use the home delivery program for eligible maintenance medications. It's easy to use and may save money. When you have a new prescription, use the online form at the home delivery service you prefer.

Prescription Drug Coverage Determination

If the plan will not cover a prescription drug or medical service, you may ask for a coverage determination. Choose the form that matches your request.

 Appointment of Representative

This form lets you name someone to make decisions on your behalf and to get your health information such as Explanation of Benefits (EOB) forms and premium bills (if applicable). This form also allows the plan to share your health information with a third party such as another health plan or provider. Having this completed form on file is vital for caregivers.

# Report Fraud.

### Medicare fraud costs billions of dollars each year.

### Here are some ways you can help stop it:

- Keep your member ID card safe. Treat it like you would a debit or credit card.
- Make a copy of your member ID card and keep it in a safe place.
- If your member ID card is lost or stolen, call us right away.
- Be sure the pharmacy has your correct information.
- Look at your Explanation of Benefits (EOB) carefully to be sure that you have been properly charged. If you think you may have been the victim of fraud, report it to our Fraud Hotline right away.



### To report fraud,

call 1-800-543-0867 • TTY 711 24 hours a day, 7 days a week

# We'll Keep in Touch.

Because we care about your well-being and want you to get the most from your Medicare plan, we'll be in touch with you throughout the year.





### Provide your email address!

When you provide your email address, we'll send you communications about health plan benefits and programs throughout the year. We never share your email address outside the plan. If you haven't shared your email address with us, and would like to receive these communications, please call Customer Service. Once you begin receiving emails, you can always opt out or ask us to stop sending them to you.



### **Annual Notice of Change (ANOC)**

**Every year, you will receive an Annual Notice of Change from Blue Cross Group MedicareRx**. This notice outlines the premium/benefit changes (if any) for your plan. These changes will begin either on January 1 or on the effective date in the following calendar year that your employer has chosen. Review this document carefully.

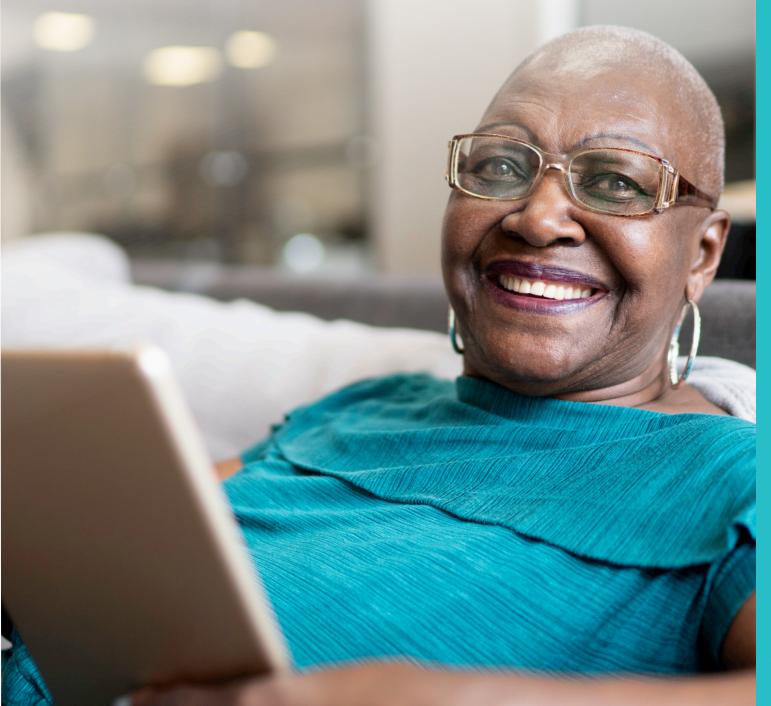


### **Explanation of Benefits (EOB)**

You will receive a statement called the Explanation of Benefits. How often you receive it depends on how often you go to the doctor or get prescriptions. This statement is not a bill. It simply shows what you have paid and the benefits you have used. Review these to be sure they are correct. If you think there are mistakes, call Customer Service. If you think you are the victim of fraud, report it immediately.



Discover how your coverage works for you.



### **Contact Information**



### Have questions or concerns? We can help! Call us first.



#### Call

Call the Customer Service number listed on the back of your member ID card. We are open:

#### BlueSecure

8 a.m. to 6 p.m. CT, Monday - Friday

### **Blue Cross Group MedicareRx**

8 a.m. – 8 p.m., local time, 7 days a week. If you are calling from April 1 through September 30, alternate technologies (for example, voicemail) will be used on weekends and holidays.



#### Web

### **Blue Access for Members**

Get information about your plan, claim status and benefits. www.bluememberok.com

### **Finder Tools**

Search for providers, pharmacies and covered drugs. www.bcbsok.com/retiree-medicare-tools



### **Connect Community**

Connect is a fun way to interact with other members through our online blogstyle format.

Learn more at http://connect.bcbsok.com/medicare.

### COVID-19

The health, safety and well-being of our members, staff and the communities we serve is our top priority. Learn more at www.bcbsok.com/covid-19.

### Not connected with or endorsed by the U.S. Government or Federal Medicare Program.

BlueSecure Plan Notice:

BlueSecure, a retiree group supplemental medical plan, is offered by Blue Cross and Blue Shield of Oklahoma, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association.

#### Medicare Part D Plan Notice:

Prescription drug plans provided by HCSC Insurance Services Company (HISC), an Independent Licensee of the Blue Cross and Blue Shield Association. A Medicare-approved Part D sponsor. Enrollment in HISC's plans depends on contract renewal.