Coverage for: Individual/Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit

www.bcbsok.com/bb/ind/bb_spsa21bvpioko_ok_2024.pdf or by calling 1-866-520-2507. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<u>Network</u> : \$0 Individual/\$0 Family Out-of-Network: \$1,000 Individual/\$2,000 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network</u> : \$9,450 Individual/\$18,900 Family Out-of-Network: Unlimited Individual/Unlimited Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums, balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.bcbsok.com/blueadvantageppo</u> or call 1-866-520-2507 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

	Common		What You	Limitations, Exceptions, & Other Important	
	Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
		Primary care visit to treat an injury or illness	\$100/visit	30% coinsurance	Telemedicine Visits are available. See your benefit booklet* for details.
		<u>Specialist</u> visit	\$145/visit	30% coinsurance	None
	care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	30% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
	lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Freestanding Facility: \$50/visit plus 50% <u>coinsurance</u> Hospital: \$50/visit plus 50% <u>coinsurance</u>	50% <u>coinsurance</u>	None
		Imaging (CT/PET scans, MRIs)	50% coinsurance	50% <u>coinsurance</u>	Preauthorization is required; see your benefit booklet* for details.

Common	What You Will Pay			Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Generic drugs (Preferred)	Retail – Preferred Participating – \$40/prescription Participating – \$50/prescription Mail - \$120/prescription	Retail – \$50/prescription; <u>deductible</u> does not apply		
If you need drugs to treat your illness or condition	Generic drugs (Non- Preferred)	Retail – Preferred Participating – \$50/prescription Participating – \$60/prescription Mail - \$150/prescription	Retail – \$60/prescription; <u>deductible</u> does not apply	Limited to a 30-day supply at retail (or a 90- day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> are limited to a 30-day supply except for certain FDA-designated	
More information about prescription drug	Brand drugs (Preferred)	Retail – Preferred Participating – 50% <u>coinsurance</u> Participating – 50% <u>coinsurance</u>	Retail – 50% <u>coinsurance</u>	dosing regimens. <u>Preauthorization</u> is required for certain drugs. Payment of the difference between the cost of a brand name	
<u>coverage</u> is available at <u>www.bcbsok.com/rx24/6</u> <u>T</u>	Brand drugs (Non- Preferred)	Retail – Preferred Participating – 50% <u>coinsurance</u> Participating – 50% <u>coinsurance</u>	Retail – 50% <u>coinsurance</u>	drug and a generic may also be required if a generic drug is available. Your cost for a covered insulin drug will not exceed \$30 per	
	Specialty drugs (Preferred)	50% coinsurance	50% <u>coinsurance</u> plus 50% additional charge	30-day supply or \$90 per 90-day supply.	
	<u>Specialty drugs</u> (Non- Preferred)	50% coinsurance	50% <u>coinsurance</u> plus 50% additional charge		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	50% <u>coinsurance</u>	\$2,000/visit plus 50% <u>coinsurance</u>	Preauthorization is required. For Outpatient Infusion Therapy, see your benefit booklet* for details.	
surgery	Physician/surgeon fees	50% coinsurance	50% coinsurance	Preauthorization is required. For Outpatient Infusion Therapy, see your benefit booklet* for details.	
	Emergency room care	\$950/visit plus 50% <u>coinsurance</u>	\$950/visit plus 50% <u>coinsurance</u>	<u>Copayment</u> waived if admitted. Out-of-network <u>cost share</u> is subject to <u>Network</u> <u>deductible</u> .	
If you need immediate medical attention	Emergency medical transportation	50% coinsurance	50% coinsurance	None	
	Urgent care	\$60/visit	30% coinsurance	None	
lf you have a hospital stay	Facility fee (e.g., hospital room)	\$400/visit plus 50% <u>coinsurance</u>	\$2,000/visit plus 50% <u>coinsurance</u>	<u>Preauthorization</u> is required. Facility: <u>Preauthorization</u> penalty: \$500. see your benefit booklet* for details.	
July	Physician/surgeon fees	50% <u>coinsurance</u>	50% coinsurance	Preauthorization is required. See your benefit booklet* for details.	

Common		What Yo	u Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you need mental health, behavioral	Outpatient services	50% coinsurance	30% <u>coinsurance</u> for office visit or 50% <u>coinsurance</u> for other outpatient services	Telemedicine Visits are available. <u>Preauthorization</u> is required; see your benefit booklet* for details.
health, or substance abuse services	Inpatient services	\$400/visit plus 50% <u>coinsurance</u>	\$2,000/visit plus 50% <u>coinsurance</u>	<u>Preauthorization</u> is required; see your benefit booklet* for details. <u>Preauthorization</u> penalty: \$500.

Common		What Yo	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Office visits	Primary Care: \$100/initial visit Specialist: \$145/initial visit	30% coinsurance	<u>Copayment</u> applies to first prenatal visit only (per pregnancy). <u>Cost sharing</u> does not apply
If you are pregnant	Childbirth/delivery professional services	50% coinsurance	50% coinsurance	for <u>preventive services</u> . Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or deductible may apply. Maternity care may
	Childbirth/delivery facility services	\$400/visit plus 50% <u>coinsurance</u>	\$2,000/visit plus 50% coinsurance	include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Home health care	50% coinsurance	50% coinsurance	30 visits/year. Preauthorization is required.
	Rehabilitation services	50% <u>coinsurance</u>	50% <u>coinsurance</u>	Outpatient: Separate 25-visit limit per benefit period for <u>Rehabilitation</u> and <u>Habilitation</u> <u>services</u> , which includes physical, speech, occupational therapy, and muscle
If you need help recovering or have other special health	Habilitation services	50% <u>coinsurance</u>	50% <u>coinsurance</u>	manipulation. Inpatient: Separate 30-day maximum for <u>Rehabilitation</u> and <u>Habilitation</u> <u>services</u> per benefit period. <u>Preauthorization</u> is required. <u>Preauthorization</u> penalty: \$500.
needs	Skilled nursing care	50% coinsurance	50% coinsurance	30 days/year. <u>Preauthorization</u> is required. Inpatient <u>Preauthorization</u> penalty: \$500.
	Durable medical equipment	50% coinsurance	50% coinsurance	None
	Hospice services	Inpatient: \$400/visit plus 50% <u>coinsurance</u> Outpatient: 50% <u>coinsurance</u>	Inpatient: \$2,000/visit plus 50% coinsurance Outpatient: 50% coinsurance	Preauthorization is required. Inpatient Preauthorization penalty: \$500.
	Children's eye exam	No Charge	Up to a \$30 reimbursement is available; <u>deductible</u> does not apply	One visit per year. Out-of-network reimbursement will not exceed the retail cost. See your benefit booklet* (Pediatric Vision Care Benefits) for details.
If your child needs dental or eye care	Children's glasses	No Charge	Up to a \$75 reimbursement is available; <u>deductible</u> does not apply	One pair of glasses per year. Reimbursement for frames, lenses, and lens options purchased out-of-network is available (not to exceed the retail cost). See your benefit booklet* (Pediatric Vision Care Benefits) for details.
	Children's dental check-up	Not Covered	Not Covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Chec	k your policy or <u>plan</u> document for more information a	nd a list of any other <u>excluded services</u> .)
 Abortion (unless the life of the mother is endangered) Acupuncture Bariatric surgery (for treatment of obesity/weight reduction) Cosmetic surgery (except accidental injury repair and some instances for physiological functioning improvement of a malformed body member) 	 Infertility treatment Long-term care Non-emergency care when traveling outside the U.S. 	 Routine eye care (Adult) Routine foot care (except when <u>medically necessary</u>) Weight loss programs

Other Covered Services (Limitations may apply to t	hese services. This isn't a complete list. Please see yo	ur <u>plan</u> document.)
Chiropractic care (Chiropractic and Osteopathic manipulation combined with outpatient therapies limited to 25 visits per calendar year)	 Hearing aids (limited to one each ear every 48 months) 	• Private-duty nursing (limited to 85 visits per year)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at Blue Cross and Blue Shield of Oklahoma at 1-866-520-2507 or visit www.bcbsok.com. You may also contact your state insurance department at 1-405-521-2991 or the, Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596, or state Health Insurance Marketplace or SHOP.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Oklahoma Department of Insurance, Consumer Protection at 1-405-521-2991 or <u>www.oid.ok.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-520-2507. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-520-2507. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-520-2507. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-866-520-2507.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



Limits or exclusions

The total Peg would pay is

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
Hospital (facility) <u>copayment/coinsurance</u> \$400+50%		 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment/coinsurant</u> Other <u>coinsurance</u> 	\$0 \$145 <u>nce</u> \$400+50% 50%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment/ce</u> Other <u>coinsurance</u> 	\$0 \$145 <u>oinsurance</u> \$400+50% 50%
This EXAMPLE event includes services like: <u>Specialist</u> office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood work</i>) <u>Specialist</u> visit (<i>anesthesia</i>)		This EXAMPLE event includes services li <u>Primary care physician</u> office visits (including education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)	g disease	This EXAMPLE event includes se Emergency room care (including me Diagnostic test (x-ray) Durable medical equipment (crutche Rehabilitation services (physical the	edical supplies) es)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
<u>Copayments</u>	\$900	<u>Copayments</u>	\$1,600	<u>Copayments</u>	\$700
Coinsurance	\$2,200	Coinsurance	\$400	<u>Coinsurance</u>	\$1,000
What isn't covered		What isn't covered		What isn't covered	

Limits or exclusions

The total Joe would pay is

\$60

\$3,160

\$0

\$1,700

\$20

\$2,020

Limits or exclusions

The total Mia would pay is

•

Health care cover We provide free communication aids needs language assistance. We do no	and services fo ot discriminate	r anyone with a disability or who on the basis of race, color, national
origin, sex, gender identity, age, sexu	ai onentation, n	
To receive language or communication as	sistance free of	f charge, please call us at 855-710-6984
If you believe we have failed to provide a se contact us to file a grievance.	ervice, or think	we have discriminated in another way,
Office of Civil Rights Coordinator	Phone:	855-664-7270 (voicemail)
300 E. Randolph St.	TTY/TDD:	
35th Floor	Fax:	855-661-6960
Chicago, Illinois 60601		
You may file a civil rights complaint with the for Civil Rights, at:	e U.S. Departm	ent of Health and Human Services, Offic
U.S. Dept. of Health & Human Services	Phone:	800-368-1019
200 Independence Avenue SW	TTY/TDD:	800-537-7697
이 것 같은 것 같		ttps://ocrportal.hhs.gov/ocr/portal/lobby. ttp://www.hhs.gov/ocr/office/file/index.ht

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If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984.

Español Spanish	Si usted o alguien a quien usted està ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984.
العربية Arabic	إن كان لدبك أو لدى تُنخص تساعده أسنلة، فلدبك الحق في الحصول بلغ المساعدة و المعلومات الضرورية بلغتك من دون ية تكلفة المتحدث مع مترجم فوري، اتصل بلغ الرم 6984-710-855.
繁體中文 Chinese	如果您,或您正在協助的對象,對此有疑問,您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員,請撥電話 號碼 855-710-6984。
Français French	Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parter à un interprête, appelez 855-710-6984.
Deutsch German	Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-8984 an.
ગુજરાતી Gujarati	જો તમને અથવા તમે મદદ કરી રહ્યા ફોય એવી કોઈ બીજી વ્યક્તિને એસ.બી.એમ. કાયક્રેમ બાબતે પ્રશ્નો ફોય, તો તમને વિના ખયેર, તમારી ભાષામાં મદદ અને માફિતી મેળવવાનો ફક્ક છે. દુભાષિયા સાથે વાત કરવા માટે આ નંબર 855-710-6984 પર કૉલ કરો.
हिंदी Hindi	यिद आपके, या आप जिसकी सहायता कर रहे हैं उैसके, प्रश्न हैं, तो आपके अपनी भाषा म निःशुल्क सहायता और जानकारी प्राप्त करन का अधिकार है। किसी अनवादक स बात करन क लिए 855-710-6984 पर कॉल करें।.
Italiano Italian	Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per partare con un interprete, puoi chiamare il numero 855-710-6984.
한국어 Korean	만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-710-6984 로 전화하십시오.
Diné Navajo	Třáá ni, čí doodago ła'da biká anánilwo'ígii, na'idíłkidgo, ts'ídá bee ná ahóóti'i' t'áá níík'e niká a'doolwoł dóó bína'ídiłkidigíi bee nił h odoonih. Ata'dahalne'igii bich'i' hodiilnih kwe'é 855-710-6984.
فارسی Persian	اگر شما، یا کسی که شما به ای کمک می کنید، سزائی داشته باشید، حق این را دارید که به زبان خود، به طور رایگان کمک و اطلاعات دریافت نمایید .جبت گفتگو با یک مترجم شهافی، با شماره اعمد حاصل نمایید 1984-710-858
Polski Polish	Jeśli Ty lub osoba, której pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 855-710-6984.
Русский Russian	Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984.
Tagalog Tagalog	Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984.
اردز Urdu	ائس آپ کو، یا غیا ایسے عرد کو جن کی آپ جد گروہے ہوں، قوش میں ال دریش مے نتو، آپ کو اپنی زیان میں مختصدہ اور اصلی کرنے کا حق ہے۔ مترجم بن ے بات کرنے کا ے بچے، 6984-710-855 پر کال کوری،
Tiếng Việt Vietnamese	Nếu quý vị, hoặc người mà quý vị giúp đỡ, có câu hói, thi quý vị có quyền được giúp đỡ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, gọi 855-710-6984.

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